

ASBURY ATHLETIC T-BALL INFORMATION

Hello Everyone. We can't thank all of you enough for coaching or getting involved in T-Ball.

Things seem to be running very smoothly each Monday night and we really appreciate all of your enthusiasm and energy with the players.

As coaches and parents, here are a few items to help your child develop as a ball player:

1. Focus on kids running through 1st Base. It is surprising to see how many kids at the next level still aren't doing this. Stress to them how important it is to run as fast as they can to 1st and to not slow down as they approach the base.
2. Hitting form. At the D-League level, the coaches are pitching to the players so their focus is primarily on timing. Our job in T-Ball is to help them learn how to bat. Please try not to pitch to your players. They need to be working on proper form, position and holding the bat.
3. Throwing form. Teach the kids to stand sideways with their glove and glove foot aimed at the player they are throwing at (most likely 1st base) and to bring their arm and ball directly over their head.
4. Fielding form. Stand facing the batter. Knees slightly bent with the glove touching the dirt. Use 2 hands when fielding a ground ball or catching a pop fly.
5. Try to keep the kids focused (not playing in the dirt). Make sure to switch fielding positions every inning.
6. Batting order. Make sure to switch the batting order every game, so all kids get to bat first, etc.
7. Please encourage your children to cheer each other on. As we all know, at this age, kids can feel like they are "waiting around" (waiting to bat, waiting to have the ball hit to you, etc.). Help them to get involved in lots of cheering and supporting each other.
8. Make sure once your kids have finished their career at T-Ball, that you come visit us in the Big Leagues for either Asbury Boys Baseball or Girls Softball.

Asbury Athletic Association Information:

www.asburyathleticassoc.org



T-Ball Information:

Signup will be February 11, 2010 – 7:00pm at the Asbury Fire Station

Boys and girls (must be 5 before August 15, but cannot be 7 prior to August 15th)

Season runs from beginning of June through end of July (approximately 8 games)

Games are played on Monday nights at either 5:30 or 6:30 at Maple Hills Park and possibly the Asbury Park diamond.

Games consist of 15-20 minutes of practice and then a scrimmage.

Parent coaches are needed, so if interested please inquire at signup or any of the board members.

Fees: \$30 Includes shirt